

Summer Holidays Activity Timetable 2024

Monday 22 nd July				
Activity	Ages	Time	Cost	
			Member	Non-Member
Crèche – Dinosaurs in the swamp	4wks-8yrs	09:00-13:00	£5.00	£7.00
Family Swim	All Ages	11:00-14:00	Free	Guest Pass
J Gym	11-15yrs	11:00-20:00	Free	Guest Pass
Family Swim	All Ages	15:00-18:00	Free	Guest Pass
Tuesday 23 rd July				
Activity	Ages	Time	Cost	
			Member	Non-Member
Crèche – Rainbow Painting	4wks-8yrs	09:00-13:00	£5.00	£7.00
Family Splash (Fun Floats)	All Ages	11:00-12:00	Free	Guest Pass
Family Swim	All Ages	11:00-14:00	Free	Guest Pass
J Gym	11-15yrs	11:00-20:00	Free	Guest Pass
Family Swim	All Ages	15:00-18:00	Free	Guest Pass
Multi-Sports	5-10yrs	16:15-17:00	Free	Guest Pass
Wednesday 24 th July				
Activity	Ages	Time	Cost	
			Member	Non-Member
Crèche – Pasta Threading	4wks-8yrs	09:00-13:30	£5.00	£7.00
Family Swim	All Ages	11:00-14:00	Free	Guest Pass
J Gym	11-15yrs	11:00-20:00	Free	Guest Pass
Family Swim	All Ages	15:00-18:00	Free	Guest Pass
Messy Arts	5-10yrs	16:00-17:00	Free	Guest Pass
Thursday 25 th July				
Activity	Ages	Time	Cost	
			Member	Non-Member
Crèche – Sand Castles**	4wks-8yrs	09:00-13:00	£5.00	£7.00
Family Splash (Fun Floats)	All Ages	11:00-12:00	Free	Guest Pass
Family Swim	All Ages	11:00-14:00	Free	Guest Pass
J Gym	11-15yrs	11:00-20:00	Free	Guest Pass
Family Swim	All Ages	15:00-18:00	Free	Guest Pass
Multi-Sports	5-10yrs	16:00-16:45	Free	Guest Pass
Friday 26 th July				
Activity	Ages	Time	Cost	
			Member	Non-Member
Crèche – Stencil Pictures	4wks-8yrs	09:00-13:30	£5.00	£7.00
Family Swim	All Ages	11:00-14:00	Free	Guest Pass
J Gym	11-15yrs	11:00-20:00	Free	Guest Pass
Family Swim	All Ages	15:00-18:00	Free	Guest Pass

Fast Track Passes available for Child Members – 10 hours for £47.50

30 min sessions available – Members: £2.75, Non Members: £3.75

** Please note messy play/water play may require a change clothes

J Gym requires an adult to be present on the gym floor

**Weather depending



Summer Holidays Activity Timetable 2024

Saturday 27 th July				
Activity	Ages	Time	Cost	
			Member	Non-Member
Creche	4wks-8yrs	09:00-13:00	£5.00	£7.00
J and Junior Multi-Sports	4-15 Yrs	09:00-11:00	Included	Guest Pass
Family Multi-Sports	Ages 4+	11:00-13:00	Included	Guest Pass
Family Swim	All Ages	11:00-18:00	Included	Guest Pass
Family Splash (Fun Floats)	All Ages	11:00-12:00	Included	Guest Pass
J Gym	11-15 Yrs	11:00-20:00	Included	Guest Pass
J & Junior Golf	5-15 Yrs	14:00-14:45	Included	Guest Pass

Sunday 28 th July				
Activity	Ages	Time	Cost	
			Member	Non-Member
Creche	4wks-8yrs	09:00-13:00	£5.00	£7.00
Family Swim	All Ages	11:00-14:00	Free	Guest Pass
J Gym	All Ages	11:00-20:00	Free	Guest Pass
Family Swim	All Ages	15:00-18:00	Free	Guest Pass
Family Splash (Fun Floats)	All Ages	15:00-16:00	Free	Guest Pass

Fast Track Passes available for Child Members – 10 hours for £47.50

30 min sessions available – Members: £2.75, Non Members: £3.75

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J Gym requires an adult to be present on the gym floor



Summer Holidays Activity Timetable 2024

Monday 29 th July				
Activity	Ages	Time	Cost	
			Member	Non-Member
Crèche – Tuff Tray Bug Hunt	4wks-8yrs	09:00-13:00	£5.00	£7.00
Family Swim	All Ages	11:00-14:00	Free	Guest Pass
J Gym	11-15yrs	11:00-20:00	Free	Guest Pass
Family Swim	All Ages	15:00-18:00	Free	Guest Pass
Tuesday 30 th July				
Activity	Ages	Time	Cost	
			Member	Non-Member
Crèche – Colouring Chip	4wks-8yrs	09:00-13:00	£5.00	£7.00
Family Splash (Fun Floats)	All Ages	11:00-12:00	Free	Guest Pass
Family Swim	All Ages	11:00-14:00	Free	Guest Pass
J Gym	11-15yrs	11:00-20:00	Free	Guest Pass
Family Swim	All Ages	15:00-18:00	Free	Guest Pass
Multi-Sports	5-10yrs	16:15-17:00	Free	Guest Pass
Wednesday 31 st July				
Activity	Ages	Time	Cost	
			Member	Non-Member
Crèche – Making Playdough	4wks-8yrs	09:00-13:30	£5.00	£7.00
Family Swim	All Ages	11:00-14:00	Free	Guest Pass
J Gym	11-15yrs	11:00-20:00	Free	Guest Pass
Family Swim	All Ages	15:00-18:00	Free	Guest Pass
Thursday 1 st August				
Activity	Ages	Time	Cost	
			Member	Non-Member
Crèche – Water Play (Swamp)**	4wks-8yrs	09:00-13:00	£5.00	£7.00
Family Splash (Fun Floats)	All Ages	11:00-12:00	Free	Guest Pass
Family Swim	All Ages	11:00-14:00	Free	Guest Pass
J Gym	11-15yrs	11:00-20:00	Free	Guest Pass
Family Swim	All Ages	15:00-18:00	Free	Guest Pass
Multi-Sports	5-10yrs	16:00-16:45	Free	Guest Pass
Friday 2 nd August				
Activity	Ages	Time	Cost	
			Member	Non-Member
Crèche – Playfoam Modelling	4wks-8yrs	09:00-13:30	£5.00	£7.00
Family Swim	All Ages	11:00-14:00	Free	Guest Pass
J Gym	11-15yrs	11:00-20:00	Free	Guest Pass
Family Swim	All Ages	15:00-18:00	Free	Guest Pass

Fast Track Passes available for Child Members – 10 hours for £47.50

30 min sessions available – Members: £2.75, Non Members: £3.75

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**Weather Depending



Summer Holidays Activity Timetable 2024

Saturday 3 rd August				
Activity	Ages	Time	Cost	
			Member	Non-Member
Creche	4wks-8yrs	09:00-13:00	£5.00	£7.00
J and Junior Multi-Sports	4-15 Yrs	09:00-11:00	Included	Guest Pass
Family Multi-Sports	Ages 4+	11:00-13:00	Included	Guest Pass
Family Swim	All Ages	11:00-18:00	Included	Guest Pass
Family Splash (Fun Floats)	All Ages	11:00-12:00	Included	Guest Pass
J Gym	11-15 Yrs	11:00-20:00	Included	Guest Pass
Junior Martial Arts	5-8 Yrs	11:15-12:00	Included	Guest Pass
J Martial Arts	9-15 Yrs	12:10-12:55	Included	Guest Pass
J & Junior Golf	5-15 Yrs	14:00-14:45	Included	Guest Pass
Sunday 4 th August				
Activity	Ages	Time	Cost	
			Member	Non-Member
Creche	4wks-8yrs	09:00-13:00	£5.00	£7.00
Family Swim	All Ages	11:00-14:00	Free	Guest Pass
J Gym	All Ages	11:00-20:00	Free	Guest Pass
Family Swim	All Ages	15:00-18:00	Free	Guest Pass
Family Splash (Fun Floats)	All Ages	15:00-16:00	Free	Guest Pass

Fast Track Passes available for Child Members – 10 hours for £47.50

30 min sessions available – Members: £2.75, Non Members: £3.75

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Summer Holidays Activity Timetable 2024

Monday 5 th August				
Activity	Ages	Time	Cost	
			Member	Non-Member
Crèche – Chalk Pictures	4wks-8yrs	09:00-13:00	£5.00	£7.00
Family Swim	All Ages	11:00-14:00	Free	Guest Pass
J Gym	11-15yrs	11:00-20:00	Free	Guest Pass
Family Swim	All Ages	15:00-18:00	Free	Guest Pass
Tuesday 6 th August				
Activity	Ages	Time	Cost	
			Member	Non-Member
Crèche – Dotty Art	4wks-8yrs	09:00-13:00	£5.00	£7.00
Family Splash (Fun Floats)	All Ages	11:00-12:00	Free	Guest Pass
Family Swim	All Ages	11:00-14:00	Free	Guest Pass
J Gym	11-15yrs	11:00-20:00	Free	Guest Pass
Family Swim	All Ages	15:00-18:00	Free	Guest Pass
Multi-Sports	5-10yrs	16:15-17:00	Free	Guest Pass
Wednesday 7 th August				
Activity	Ages	Time	Cost	
			Member	Non-Member
Crèche – Finger Painting	4wks-8yrs	09:00-13:30	£5.00	£7.00
Family Swim	All Ages	11:00-14:00	Free	Guest Pass
J Gym	11-15yrs	11:00-20:00	Free	Guest Pass
Family Swim	All Ages	15:00-18:00	Free	Guest Pass
Messy Arts	5-10yrs	16:00-17:00	Free	Guest Pass
Thursday 8 th August				
Activity	Ages	Time	Cost	
			Member	Non-Member
Crèche – Junk Modelling	4wks-8yrs	09:00-13:00	£5.00	£7.00
Family Splash (Fun Floats)	All Ages	11:00-12:00	Free	Guest Pass
Family Swim	All Ages	11:00-14:00	Free	Guest Pass
J Gym	11-15yrs	11:00-20:00	Free	Guest Pass
Family Swim	All Ages	15:00-18:00	Free	Guest Pass
Multi-Sports	5-10yrs	16:00-16:45	Free	Guest Pass
Friday 9 th August				
Activity	Ages	Time	Cost	
			Member	Non-Member
Crèche – Decorating Biscuits	4wks-8yrs	09:00-13:30	£5.00	£7.00
Family Swim	All Ages	11:00-14:00	Free	Guest Pass
J Gym	11-15yrs	11:00-20:00	Free	Guest Pass
Family Swim	All Ages	15:00-18:00	Free	Guest Pass

Fast Track Passes available for Child Members – 10 hours for £47.50

30 min sessions available – Members: £2.75, Non Members: £3.75

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Summer Holidays Activity Timetable 2024

Saturday 10 th August				
Activity	Ages	Time	Cost	
			Member	Non-Member
Creche	4wks-8yrs	09:00-13:00	£5.00	£7.00
J and Junior Multi-Sports	4-15 Yrs	09:00-11:00	Included	Guest Pass
Family Multi-Sports	Ages 4+	11:00-13:00	Included	Guest Pass
Family Swim	All Ages	11:00-18:00	Included	Guest Pass
Family Splash (Fun Floats)	All Ages	11:00-12:00	Included	Guest Pass
J Gym	11-15 Yrs	11:00-20:00	Included	Guest Pass
Junior Martial Arts	5-8 Yrs	11:15-12:00	Included	Guest Pass
J Martial Arts	9-15 Yrs	12:10-12:55	Included	Guest Pass
J & Junior Golf	5-15 Yrs	14:00-14:45	Included	Guest Pass
Sunday 11 th August				
Activity	Ages	Time	Cost	
			Member	Non-Member
Creche	4wks-8yrs	09:00-13:00	£5.00	£7.00
Family Swim	All Ages	11:00-14:00	Free	Guest Pass
J Gym	All Ages	11:00-20:00	Free	Guest Pass
Family Swim	All Ages	15:00-18:00	Free	Guest Pass
Family Splash (Fun Floats)	All Ages	15:00-16:00	Free	Guest Pass

Fast Track Passes available for Child Members – 10 hours for £47.50

30 min sessions available – Members: £2.75, Non Members: £3.75

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Summer Holidays Activity Timetable 2024

Monday 12 th August				
Activity	Ages	Time	Cost	
			Member	Non-Member
Crèche – Colouring	4wks-8yrs	09:00-13:00	£5.00	£7.00
Family Swim	All Ages	11:00-14:00	Free	Guest Pass
J Gym	11-15yrs	11:00-20:00	Free	Guest Pass
Family Swim	All Ages	15:00-18:00	Free	Guest Pass
Tuesday 13 th August				
Activity	Ages	Time	Cost	
			Member	Non-Member
Crèche – Sand Castles**	4wks-8yrs	09:00-13:00	£5.00	£7.00
Family Splash (Fun Floats)	All Ages	11:00-12:00	Free	Guest Pass
Family Swim	All Ages	11:00-14:00	Free	Guest Pass
J Gym	11-15yrs	11:00-20:00	Free	Guest Pass
Family Swim	All Ages	15:00-18:00	Free	Guest Pass
Multi-Sports	5-10yrs	16:15-17:00	Free	Guest Pass
Wednesday 14 th August				
Activity	Ages	Time	Cost	
			Member	Non-Member
Crèche – Paper Dolls	4wks-8yrs	09:00-13:30	£5.00	£7.00
Family Swim	All Ages	11:00-14:00	Free	Guest Pass
J Gym	11-15yrs	11:00-20:00	Free	Guest Pass
Animal Encounter	All Ages	13:30-14:30	£8.00	£10.00
Family Swim	All Ages	15:00-18:00	Free	Guest Pass
Messy Arts	5-10yrs	16:00-17:00	Free	Guest Pass
Thursday 15 th August				
Activity	Ages	Time	Cost	
			Member	Non-Member
Crèche – Playdough	4wks-8yrs	09:00-13:00	£5.00	£7.00
Family Splash (Fun Floats)	All Ages	11:00-12:00	Free	Guest Pass
Family Swim	All Ages	11:00-14:00	Free	Guest Pass
J Gym	11-15yrs	11:00-20:00	Free	Guest Pass
Family Swim	All Ages	15:00-18:00	Free	Guest Pass
Multi-Sports	5-10yrs	16:00-16:45	Free	Guest Pass
Friday 16 th August				
Activity	Ages	Time	Cost	
			Member	Non-Member
Crèche – Colour Sorting Pompoms	4wks-8yrs	09:00-13:30	£5.00	£5.50
Family Swim	All Ages	11:00-14:00	Free	Guest Pass
J Gym	11-15yrs	11:00-20:00	Free	Guest Pass
Family Swim	All Ages	15:00-18:00	Free	Guest Pass

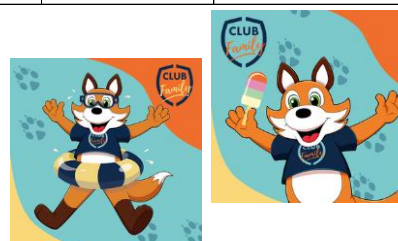
Fast Track Passes available for Child Members – 10 hours for £47.50

30 min sessions available – Members: £2.75, Non Members: £3.75

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J Gym requires an adult to be present on the gym floor

Animal Encounter requires an adult to be present – 1 Adult only



Summer Holidays Activity Timetable 2024

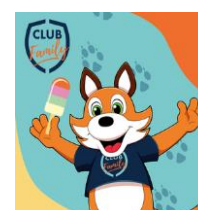
Saturday 17 th August				
Activity	Ages	Time	Cost	
			Member	Non-Member
Creche	4wks-8yrs	09:00-13:00	£5.00	£7.00
J and Junior Multi-Sports	4-15 Yrs	09:00-11:00	Included	Guest Pass
Family Multi-Sports	Ages 4+	11:00-13:00	Included	Guest Pass
Family Swim	All Ages	11:00-18:00	Included	Guest Pass
Family Splash (Fun Floats)	All Ages	11:00-12:00	Included	Guest Pass
J Gym	11-15 Yrs	11:00-20:00	Included	Guest Pass
Junior Martial Arts	5-8 Yrs	11:15-12:00	Included	Guest Pass
J Martial Arts	9-15 Yrs	12:10-12:55	Included	Guest Pass
J & Junior Golf	5-15 Yrs	14:00-14:45	Included	Guest Pass
Sunday 18 th August				
Activity	Ages	Time	Cost	
			Member	Non-Member
Creche	4wks-8yrs	09:00-13:00	£5.00	£7.00
Family Swim	All Ages	11:00-14:00	Free	Guest Pass
J Gym	All Ages	11:00-20:00	Free	Guest Pass
Family Swim	All Ages	15:00-18:00	Free	Guest Pass
Family Splash (Fun Floats)	All Ages	15:00-16:00	Free	Guest Pass

Fast Track Passes available for Child Members – 10 hours for £47.50

30 min sessions available – Members: £2.75, Non Members: £3.75

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Summer Holidays Activity Timetable 2024

Monday 19 th August				
Activity	Ages	Time	Cost	
			Member	Non-Member
Crèche – Water Play (Sea)**	4wks-8yrs	09:00-13:00	£5.00	£7.00
Family Swim	All Ages	11:00-14:00	Free	Guest Pass
J Gym	11-15yrs	11:00-20:00	Free	Guest Pass
Family Swim	All Ages	15:00-18:00	Free	Guest Pass
Tuesday 20 th August				
Activity	Ages	Time	Cost	
			Member	Non-Member
Crèche – Chip Colouring	4wks-8yrs	09:00-13:00	£5.00	£7.00
Family Splash (Fun Floats)	All Ages	11:00-12:00	Free	Guest Pass
Family Swim	All Ages	11:00-14:00	Free	Guest Pass
J Gym	11-15yrs	11:00-20:00	Free	Guest Pass
Family Swim	All Ages	15:00-18:00	Free	Guest Pass
Multi-Sports	5-10yrs	16:15-17:00	Free	Guest Pass
Wednesday 21 st August				
Activity	Ages	Time	Cost	
			Member	Non-Member
Crèche – Paper Plates Fish	4wks-8yrs	09:00-13:30	£5.00	£7.00
Family Swim	All Ages	11:00-14:00	Free	Guest Pass
J Gym	11-15yrs	11:00-20:00	Free	Guest Pass
Family Swim	All Ages	15:00-18:00	Free	Guest Pass
Messy Arts	5-10yrs	16:00-17:00	Free	Guest Pass
Thursday 22 nd August				
Activity	Ages	Time	Cost	
			Member	Non-Member
Crèche – Chalk Pictures	4wks-8yrs	09:00-13:00	£5.00	£7.00
Family Splash (Fun Floats)	All Ages	11:00-12:00	Free	Guest Pass
Family Swim	All Ages	11:00-14:00	Free	Guest Pass
J Gym	11-15yrs	11:00-20:00	Free	Guest Pass
Family Swim	All Ages	15:00-18:00	Free	Guest Pass
Multi-Sports	5-10yrs	16:00-16:45	Free	Guest Pass
Friday 23 rd August				
Activity	Ages	Time	Cost	
			Member	Non-Member
Crèche – Creche Olympics	4wks-8yrs	09:00-13:30	£5.00	£7.00
Family Swim	All Ages	11:00-14:00	Free	Guest Pass
J Gym	11-15yrs	11:00-20:00	Free	Guest Pass
Family Swim	All Ages	15:00-18:00	Free	Guest Pass

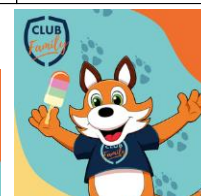
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30 min sessions available – Members: £2.75, Non Members: £3.75

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J Gym requires an adult to be present on the gym floor

**Weather Depending



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Activity	Ages	Time	Cost	
			Member	Non-Member
Creche	4wks-8yrs	09:00-13:00	£5.00	£7.00
J and Junior Multi-Sports	4-15 Yrs	09:00-11:00	Included	Guest Pass
Family Multi-Sports	Ages 4+	11:00-13:00	Included	Guest Pass
Family Swim	All Ages	11:00-18:00	Included	Guest Pass
Family Splash (Fun Floats)	All Ages	11:00-12:00	Included	Guest Pass
J Gym	11-15 Yrs	11:00-20:00	Included	Guest Pass
J & Junior Golf	5-15 Yrs	14:00-14:45	Included	Guest Pass
Sunday 25 th August				
Activity	Ages	Time	Cost	
			Member	Non-Member
Creche	4wks-8yrs	09:00-13:00	£5.00	£7.00
Family Swim	All Ages	11:00-14:00	Free	Guest Pass
J Gym	All Ages	11:00-20:00	Free	Guest Pass
Family Swim	All Ages	15:00-18:00	Free	Guest Pass
Family Splash (Fun Floats)	All Ages	15:00-16:00	Free	Guest Pass

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Summer Holidays Activity Timetable 2024

Bank Holiday Monday 26 th August				
Activity	Ages	Time	Cost	
			Member	Non-Member
Crèche – Animal Masks	4wks-8yrs	09:00-13:00	£5.00	£7.00
Family Swim	All Ages	11:00-14:00	Free	Guest Pass
J Gym	11-15yrs	11:00-20:00	Free	Guest Pass
Family Swim	All Ages	15:00-18:00	Free	Guest Pass
Tuesday 27 th August				
Activity	Ages	Time	Cost	
			Member	Non-Member
Crèche – Playfoam Modelling	4wks-8yrs	09:00-13:00	£5.00	£7.00
Family Splash (Fun Floats)	All Ages	11:00-12:00	Free	Guest Pass
Family Swim	All Ages	11:00-14:00	Free	Guest Pass
J Gym	11-15yrs	11:00-20:00	Free	Guest Pass
Family Swim	All Ages	15:00-18:00	Free	Guest Pass
Multi-Sports	5-10yrs	16:15-17:00	Free	Guest Pass
Wednesday 28 th August				
Activity	Ages	Time	Cost	
			Member	Non-Member
Crèche – Paint Sticks	4wks-8yrs	09:00-13:30	£5.00	£7.00
Family Swim	All Ages	11:00-14:00	Free	Guest Pass
J Gym	11-15yrs	11:00-20:00	Free	Guest Pass
Family Swim	All Ages	15:00-18:00	Free	Guest Pass
Messy Arts	5-10yrs	16:00-17:00	Free	Guest Pass
Thursday 29 th August				
Activity	Ages	Time	Cost	
			Member	Non-Member
Crèche – Elmer Pictures	4wks-8yrs	09:00-13:00	£5.00	£7.00
Family Splash (Fun Floats)	All Ages	11:00-12:00	Free	Guest Pass
Family Swim	All Ages	11:00-14:00	Free	Guest Pass
J Gym	11-15yrs	11:00-20:00	Free	Guest Pass
Family Swim	All Ages	15:00-18:00	Free	Guest Pass
Multi-Sports	5-10yrs	16:00-16:45	Free	Guest Pass
Friday 30 th August				
Activity	Ages	Time	Cost	
			Member	Non-Member
Crèche – Paper Chain Snakes	4wks-8yrs	09:00-13:30	£5.00	£7.00
Family Swim	All Ages	11:00-14:00	Free	Guest Pass
J Gym	11-15yrs	11:00-20:00	Free	Guest Pass
Family Swim	All Ages	15:00-18:00	Free	Guest Pass

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Summer Holidays Activity Timetable 2024

Saturday 31 st August				
Activity	Ages	Time	Cost	
			Member	Non-Member
Creche	4wks-8yrs	09:00-13:00	£4.50	£5.50
J and Junior Multi-Sports	4-15 Yrs	09:00-11:00	Included	Guest Pass
Family Multi-Sports	Ages 4+	11:00-13:00	Included	Guest Pass
Family Swim	All Ages	11:00-18:00	Included	Guest Pass
Family Splash (Fun Floats)	All Ages	11:00-12:00	Included	Guest Pass
J Gym	11-15 Yrs	11:00-20:00	Included	Guest Pass
Junior Martial Arts	5-8 Yrs	11:15-12:00	Included	Guest Pass
J Martial Arts	9-15 Yrs	12:10-12:55	Included	Guest Pass
J & Junior Golf	5-15 Yrs	14:00-14:45	Included	Guest Pass
Sunday 1 st September				
Activity	Ages	Time	Cost	
			Member	Non-Member
Creche	4wks-8yrs	09:00-13:00	£4.50	£5.50
Family Swim	All Ages	11:00-14:00	Free	Guest Pass
J Gym	All Ages	11:00-20:00	Free	Guest Pass
Family Swim	All Ages	15:00-18:00	Free	Guest Pass
Family Splash (Fun Floats)	All Ages	15:00-16:00	Free	Guest Pass

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