

# SWIMMING POOL

## TIMETABLE

(Mon 21st July – Sun 7<sup>th</sup> Sep)

### Monday

06:00-09:00 - Adult Only Swimming  
09:00-11:00 - Splash Session  
11:00-12:30 - Adult Only Swimming  
12:30-13:15 - Aqua  
13:15-15:00 - Adult Only Swimming  
15:00-18:00 - Splash Session  
18:00-21:45 - Adult Only Swimming  
19:30-20:00 - Float Hit  
20:05-20:35 - Float Balance

### Tuesday

06:00-10:00 - Adult Only Swimming  
10:00-10:45 - Aqua  
11:00-12:30 - Splash Session  
12:00-15:00 - Adult Only Swimming  
15:00-18:00 - Splash Session  
18:00-21:45 - Adult Only Swimming

### Wednesday

06:00-10:00 - Adult Only Swimming  
10:00-10:45 - Aqua  
  
10:45-13:00 - Adult Only Swimming  
13:00-18:00 - Splash Session  
18:00-21:45 - Adult Only Swimming

### Thursday

06:00-09:00 - Adult Only Swimming  
09:00-11:00 - Splash Session  
11:00-12:30 - Adult Only Swimming  
12:30-13:15 - Aqua  
13:15-15:00 - Adult Only Swimming  
15:00-18:00 - Splash Session  
18:00-21:45 - Adult Only Swimming

### Friday

06:00-09:00 - Adult Only Swimming  
09:00-11:00 - Splash Session  
11:00-12:30 - Adult Only Swimming  
12:30-13:15 - Aqua  
13:15-15:00 - Adult Only Swimming  
15:00-18:00 - Splash Session  
18:00-21:45 - Adult Only Swimming

### Saturday

07:00-10:00 - Adult Only Swimming  
10:00-18:00 - Splash Swim  
18:00-19:45 - Adult Only Swimming

### Sunday

07:00-10:00 - Adult Only Swimming  
10:00-18:00 - Family Swim  
18:00-19:45 - Adult Only Swimming

#### Note

*Children's Pool and Training Pool Available: Monday to Sunday 09:00 - 18:00*

*Please be advised that pool lanes may be removed during Aqua classes.*

*NEW AQUA CLASS 10am on Tuesday. There will still be 2 lanes to swim in. Max 18 in a class*

*Floatfit classes will always have 1 lane open to swim in.*

*Poolside closes 21:45 weekdays and 19:45 weekends*



**CASTLE ROYLE**  
BY THE CLUB COMPANY