Summer Holiday Pool Timetable

(Mon 21st July-Sun 31st August)

MONDAYS

06:00-10:00 - Adult Lane Swimming

10:00-10:45 - Aqua and 1 swim lane

10:45-11:30 - Adult Lane swimming

11:30-12:00 - Adult Lane Swimming and

Baby/Mini Swim (up to 5yrs)

12:00-14:00 - Adult lane swimming

14:00-15:00 - Family Splash and 1 swim lane

15:00-17:00 - Family Swim and Adult lane swimming

17:00-21:45 - Adult Lane Swimming

WEDNESDAYS

06:00-12:30 - Adult Lane Swimming

12:30-13:00 - Adult Lane Swimming and

Baby/Mini Swim (up to 5yrs),

13:00-13:45 - Aqua and 1 swim lane

14:00-15:00 - Family Splash and 1 swim lane

15:00-17:00 – Family Swim and Adult lane

swimming

17:00-21:45 – Adult Lane Swimming

FRIDAYS

06:30-11:30 – Adult Lane Swimming

11:30-12:15 – Junior and Parent AQUA

(except Fri 22ndAug) and half pool for swimmers

12:30-13.15 - Aqua and 1 swim lane

13:15-14:00 - Adult Lane Swimming

14:00-15:00 – Family Splash

15:00-17:00 – Family Swim and Adult lane

17:30-18:15 – Aqua Zumba and 1 swim lane

18:15-19:45 – Adult Lane Swimming

SUNDAYS

06:30-11:30 – Adult Lane Swimming

11:30-13:00 - Family Swim and Adult lane swimming

13:00-14:00 – Family Splash and 1 swim lane

14:00-16:30 - Family Swim and Adult lane

16:30-17:30 – Family Splash and 1 swim lane

17:30-19:45 - Adult Lane Swimming



TUESDAYS

06:00-10:15 - Adult Lane Swimming

10:15-11:00 - Aqua and 1 swim lane

11:00-11:30 - Adult Lane Swimming

11:30-12:00 - Adult Lane Swimming and

Baby/Mini Swim (up to 5yrs)

12:00-12:00 – Adult Lane Swimming

12:00-12:45 - Aqua Zumba and 1 swim lane

12:45-14:00 - Adult Lane Swimming

14:00-17:00 – Family Swim and Adult Lane Swimming

17:00-21:45 - Adult Lane Swimming

THURSDAYS

06:00-10:30 – Adult Lane Swimming

10:30-11:15 – **Aqua** and 1 swim lane

11:15-11:30 – Adult Lane Swimming

11:30-12:00 - Adult Lane Swimming and

Baby/Mini Swim (up to 5yrs)

12:00-14:00 – Adult Lane Swimming

14:00-17:00 - Family Swim and Adult lane swimming

17:00-19:05 – Adult Lane Swimming

19:05-19:50 - Aqua and 1 swim lane

18:30-21:45 – Adult lane Swimming

SATURDAYS

06:30-09:45 – Adult Lane Swimming

09:45-10:30 – **Aqua** and 1 swim lane

10:30-11:30 – Adult Lane Swimming

11:30-13:00 - Family Swim and Adult lane swimming

13:00-14:00 – Family Splash and 1 swim lane

14:00-16:30 - Family Swim and Adult lane swimming

16:30-17:30 – Family Splash and 1 swim lane

17:30-19:45 - Adult Lane Swimming